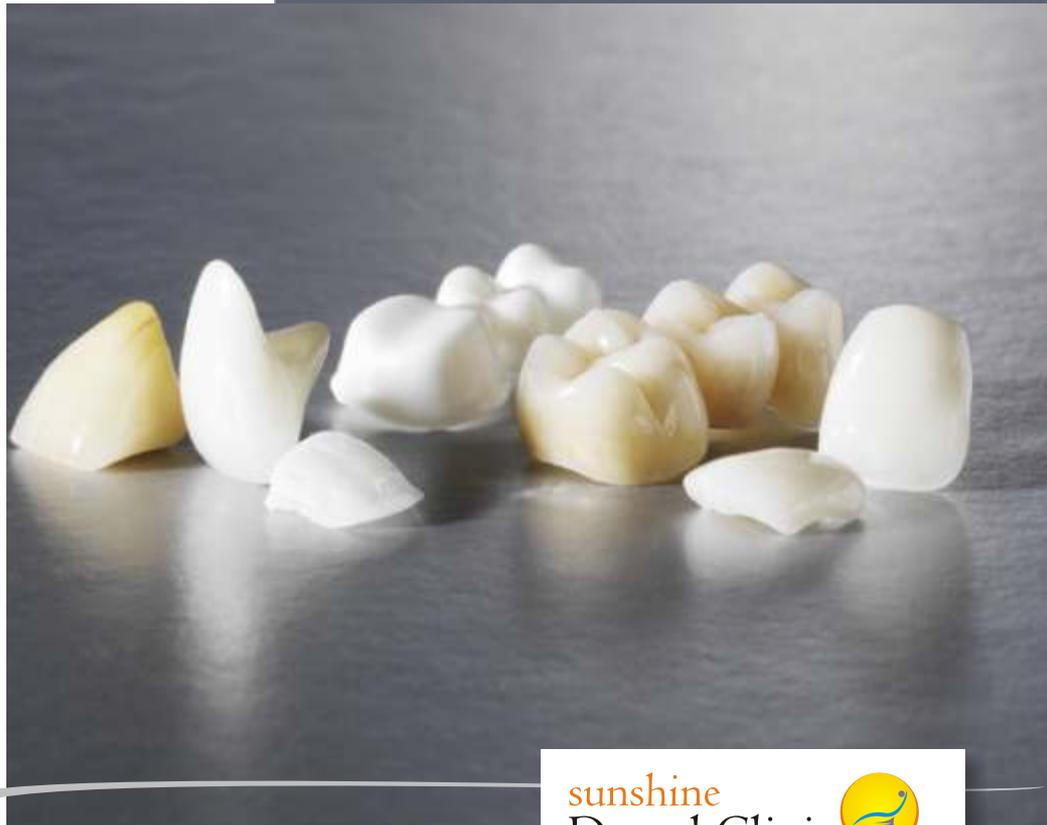


Prosth Therapy  
(dentures and crown and bridges)

sunshine  
Dental Clinic   
great smiles begin here

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Keep Smiling with us

## DENTURES

Denture is a removable replacement of missing teeth and adjacent tissues to maintain function health and esthetics of the tissues. It is made of acrylic resin (plastic), sometimes in combination with metal.

### There are three types of dentures:

A full denture replaces all the natural teeth. These dentures rest on the gums of either your upper or lower jaws, or both. A full set of dentures helps provide support to your facial structure allowing your lips and cheeks to look fuller, resulting in a younger, healthier appearance.

A partial denture replaces lost or missing teeth and are usually retained by clasps around your existing teeth. Replacing missing teeth will make eating easier and provide you with a more confident smile. These dentures can have a plastic or chrome base for added strength.

Implant retained dentures are a popular alternative to conventional dentures. An implant retained denture replaces one or more single teeth and is held in place by dental implants secured within the jaw.

Implant retained dentures provide better ability to eat and enjoy foods like steak, raw fruits and vegetables. They also give you increased confidence as the dentures are stable and secure

### WHO NEEDS A DENTURE??

A person who has lost most or all of his teeth needs a denture while a person who has some natural teeth remaining needs a partial denture. A denture improves chewing ability, speech and provides support for facial muscles.

### HOW LONG SHOULD ONE WAIT AFTER TOOTH REMOVAL TO GET A DENTURE DONE

It is advisable to wait for at least 6 - 8 weeks after the extraction of teeth before the dentist can initiate the process of denture construction. This gives sufficient time for the extraction wound to heal and for the underlying bone to remodel.

### HOW WILL DENTURES FEEL LIKE?

New dentures may be uncomfortable for a few weeks till you become accustomed to them. The dentures may feel loose while the muscles of your cheek and tongue learn to keep them in place. It is not unusual to experience minor irritation or soreness.

You may find that saliva flow temporarily increases. As your mouth becomes accustomed to the dentures, the above mentioned problems should diminish.



## DOES IT TAKE TIME TO GET USED TO NEW DENTURES

Wearing a new denture is like wearing new shoes. It takes time and patience to learn how to use them. Getting used to a denture is a gradual process and it must be remembered that dentures are artificial substitutes for natural teeth and they have their own limitations

Crowns are restorations that cover and encase the tooth on which they are cemented. They are used to rebuild broken or heavily decayed teeth.

A bridge is used where there is a gap between teeth. Specially fabricated artificial teeth fill the gap and are joined to the crowns on either side forming a bridge.

Due to the current trend of makeovers and cosmetic dentistry, SUNSHINE DENTAL CENTRES are moving with the times and are able to offer a wide variety of all of the latest techniques and products, thus enabling us to achieve the desired result both in function and aesthetics.

There are many different treatment options available with us that you can rest assured that you will be getting a restoration which will not only look fantastic but will also durable and long-lasting.

### Metal Free Crowns & Bridges

High strength zirconia ceramic has the advantage of being metal free and tooth coloured, without compromising on strength or durability. Once the framework has been completed our skilled technician layers a special porcelain over the top and fires it in the furnace. The result is an all ceramic tooth that only a trained professional can distinguish from a natural tooth.

### Veneers

Porcelain veneers are an excellent solution for teeth, which are stained, chipped or slightly misaligned. Veneers are used to create what is better known as the 'Hollywood Smile' but they can also be used to produce a more natural look if required. Matchmaker Veneers are extremely life-like and strong and do not stain or discolour.

### Metal Ceramic Crowns & Bridges